

# Village of Briarcliff Manor Senior Adult Program Bulletin *Winter 2026 (January to March)*

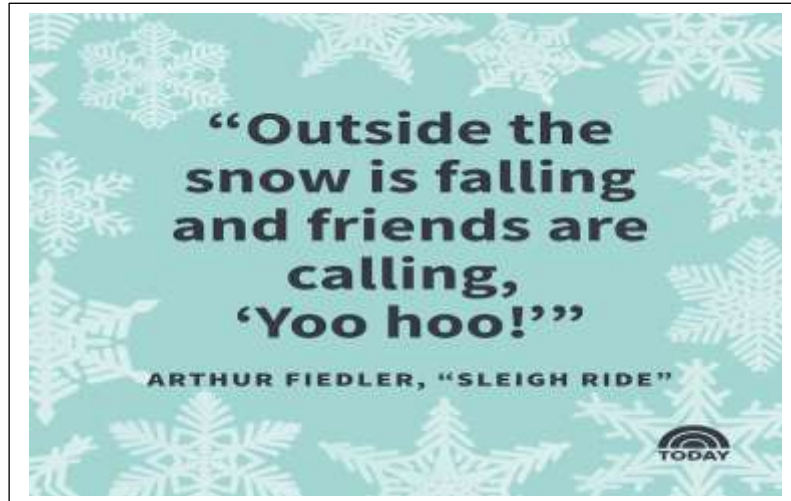
Village of Briarcliff Manor Recreation Department

3 Library Road, Briarcliff Manor, NY 10510

Phone: 914-941-6560

Website: [www.briarcliffmanor.gov](http://www.briarcliffmanor.gov)

Email: [Seniors@briarcliffmanor.gov](mailto:Seniors@briarcliffmanor.gov)



Join friends—both new and old—as we celebrate the cozy magic of the winter season together.

Take a peek at our newsletter and discover something new to try! Come along on a fun outing, join us in a card game, get moving with a little exercise, or unwind with adult coloring.

There's so much joy to share and plenty of laughter waiting for you—don't miss out!

**Your friends are here, and we're calling, "Yoo-Hoo!"**

In Gratitude-

Joni

**\*\*\*Reminder that due to construction at the Community Center**

**All programs will continue to be at the Youth Center**

# Winning with Working Out

**Briarcliff Seniors' programs are open to all adults aged 60+.**

**Briarcliff Manor Residents register on December 10<sup>th</sup>**

**Non-Residents register on December 17<sup>th</sup>**

Classes have a limited enrollment so we encourage you to register ASAP!

**All Exercise Classes Will Be Held at The Youth Center - Lower Level**

Registration is required for each participant and for each session, we cannot carry over participants. For all exercise class, please dress comfortably, wear appropriate foot wear and bring a water bottle.

**NEW**

**ZUMBA GOLD with Erin** - This is a mini Introductory session to Zumba Gold. Improve your strength, stamina, balance and flexibility. *Class is limited to 20 and requires a min of 8 to run*

**DATE: Mondays, January 12<sup>th</sup> to February 9<sup>th</sup> (4-week session) NO Class 1/19**

**TIME: 9:30am to 10:30am     FEE: \$25 Village Residents/ \$30 Non-Residents**

**Chair Yoga with Ellen**- Improve your strength, stamina, balance and flexibility. All poses are practiced while sitting or using the chair for support. This class is suitable for people with arthritis, back, hip or knee injuries, impaired balance and other physical limitations. *Class is limited to 22 and requires a min of 12 to run*

**DATE: Mondays, February 23<sup>rd</sup> to March 16<sup>th</sup> (4-week session)**

**TIME: 9:30am to 10:30am     FEE: \$40 Village Residents/ \$45 Non-Residents**

**Line Dancing with Cameron**- Line Dancing is a great form of exercise, it improves cardiovascular health, improves balance, brain health and it's just a lot of Fun!! *Class is limited to 20 and requires a min of 12 to run*

**DATE: Tuesdays, January 13 to March 24<sup>th</sup> (10-week session) NO CLASS 2/17**

**TIME: 11:00am to 12:00pm     FEE: \$65 Village Residents/\$70 Non-Residents**

**Tai Chi with Robert** –Tai Chi is a gentle Chinese exercise that promotes balance, relaxation, coordination, and flexibility. *Class requires a minimum of 6 to run.*

**DATE: Thursdays, January 15<sup>th</sup> to March 26<sup>th</sup> (9-week session) No Class 2/19, 3/19**

**TIME: 10:00am to 11:00am     FEE: \$45 Village Residents/ \$50 Non-Residents**

**Strength and Stretch with Lucy** – This class will help your body maintain muscle strength, balance, and flexibility. Exercises are done by the chair and include a stretching segment to achieve a total body workout. Weights are optional but preferred. Keep weights under 5lbs. Class is appropriate for all abilities. *Class is limited to 22 and requires a min of 12 to run.*

**DATE: Thursdays, January 22<sup>th</sup> to March 26<sup>th</sup> (8-week session) No Class 2/19, 3/12, 3/19**

**TIME: 1:00pm to 2:00pm     FEE: \$40 Village Residents/ \$45 Non-Residents**

# Group Programs Remain at the Youth Center

*These Programs Are Free And Are Open To Non-Residents  
But ALL Must Register*

**Mondays: January 12<sup>th</sup> to March 23<sup>rd</sup>** *No Class on 1/19, 2/16 at Youth Center – Upper Level*

**Adult Coloring 1:00 to 2:30pm-** Coloring is a wonderful way to relax, recharge and stretch your creative muscles. Come join us and explore your artistic side, meet new people and have some fun. We provide all supplies or feel free to bring your own.

**Tuesdays: January 13<sup>th</sup> March 24<sup>th</sup>** *No Class on 2/17 at the Youth Center- Upper Level*

**Open Mah Jong 12:30 to 2:30pm** – Open Mah Jong play is for those who want to play, meet new people and have some fun. We have 8 tables ready for you and your friends to come and play.

**Wednesdays: January 14<sup>th</sup> to March 25<sup>th</sup>** *No Class on 2/18 at the Youth Center – Upper level*

**Open Canasta 10:00 am to 12:00 pm** – We provide the space, you bring the people! Our 6 tables are open primarily for Canasta but if there's room any other card game is welcome.

**Wednesdays: January 14<sup>th</sup> to March 25<sup>th</sup>** *No Class on 2/18 at the Youth Center – Upper level*

**Open Bridge 12:30 to 2:30pm** – We provide the space, you bring the people! Our 6 tables are open primarily for Bridge but if there's room any other card game is welcome.

## Mah Jong Lessons



Join us and learn to play this very popular game! You will learn the rules of the game, names of the tiles, how to pass tiles, and strategies & betting tactics. Mah Jong is a great way to be social, have fun, fortify your brain power and stay sharp.

**INSTRUCTOR:** Daphne Crosswell

**LOCATION:** Youth Center – Upper Level

**DAY/TIME:** Tuesdays, 9:30am to 11:00am

**DATES:** Jan. 27<sup>th</sup> to March 24<sup>th</sup> (8 weeks) NO Class 2/17

**FEES:** \$100.00 Village Residents/ \$110.00 School District Residents (BMSD) and Non-Residents (NONR)

Participants are required to have a current NMJL card, Mah Jong sets are provided. Class requires a minimum of 4 players. When lessons are completed you are encouraged to join the Open Play Program that meets on Tuesdays afternoons.



Join other food loving people to share recipes and the food of a particular cuisine or cookbook. The group facilitator will help organize the themes and will work with the library and others to make resources available.

**Date:** Tuesday, March 24<sup>th</sup>

**Time** 12:00 to 3:30pm

**Location:** W.J.V Community Center

**Theme:** Spring Awakening!

*Please call and let us know if you will be attending.  
914.941.6560*



### Let's Enjoy Lunch at the American Bounty

With a focus on the seasons and products of the Hudson Valley, contemporary and traditional regional dishes are brought to life at the **American Bounty** Restaurant in an honest and flavorful way. We will head to the CIA for a 10am tour, enjoy lunch at noon (dietary restrictions are able to be accommodated) and we will end our day with a stop at the on-campus Apple Pie Bakery.

**Date:** Wednesday, February 4, 2026

**Time:** Depart from the Youth Center at 9am return approx. 5:30pm

**Cost:** \$65.00 for residents/ \$75.00 Non-Residents fee includes transportation, meal, tour taxes & gratuities. We will stop at the CIA's Apple Bakery to purchase treats on your own.

#### Entrée Choices:

##### SAUTEED CHICKEN BREAST

Roasted Garlic Potato Gratin, Seasonal Vegetables, Chicken Jus

##### ROASTED PORK LOIN

Crispy Mushroom Polenta, Merlot Sauce, Sautéed Spinach

**Vegetarian and Gluten Free Meals are Available**

## Ragtime! At Lincoln Center



*Ragtime* is a sweeping musical adaption of E.L. Doctorow's novel that follows three fictional families in pursuit of the American Dream at the dawn of the 20th Century: Black pianist Coalhouse Walker, Jr. and his beloved Sarah, Jewish immigrant Tateh and his little girl, and a wealthy white family led by matriarch Mother. All grasping for the same dream, if only they can hold on to it.

**Date:** Wednesday, March 11, 2026

**Time:** Depart from the Youth Center at 10am return approx. 5:30pm

**Cost:** \$152.00 for residents/ \$162.00 Non-Residents Fee includes transportation and the show.

**We will make decisions about lunch as we get closer.**

## MARK YOUR CALENDARS

Snug Harbor Cultural Center  
and Botanical Garden



Snug Harbor Cultural Center & Botanical Garden is the result of more than four decades of restoration and development to convert a 19<sup>th</sup> century charitable rest home for sailors to a regional arts center, botanical gardens, and public park. It is a place where history, architecture, gardens, agriculture, visual and performing arts, and education come together. Six of Snug Harbor's original structures were the first designated landmarks for New York City's Landmarks Preservation Commission in 1965, including the majestic Main Hall (built in 1833) and Music Hall (built in 1892), one of the oldest concert halls in New York City. Fourteen distinctive gardens spread across the campus and include the celebrated New York Chinese Scholar's Garden and the Richmond County Savings Foundation Tuscan Garden.

The day will include a tour and lunch

**DATE: Tuesday, June 23, 2026**

Registration and details available in March

## MARK YOUR CALENDARS

Goodspeed Opera House Presents:  
World Premiere!



On the windswept coast of England an unlikely bond forms between Philip, a reclusive artist shunned by society, and Frith, a resilient orphan girl, when they rescue a wounded snow goose.

With World War II looming, their friendship allows her to imagine a life beyond her village, and him to confront his own humanity as he sets sail on a daring journey to save soldiers trapped at Dunkirk. **Discover an unforgettable new musical with a soaring score that will fill your heart.**

Our First stop will be to the Gelston House, where you will be treated to a delicious 3 Course lunch.

*Lunch includes salad, entree, dessert coffee, tea, soda.*

**DATE: Wednesday, September 23, 2026**

Registration and details available in March



**Village of Briarcliff Manor  
Recreation Department  
Senior Bus Schedule  
January to March 2026**

**Tuesday Morning Grocery Shopping**



*Shopping trips require a minimum of 3 people to run*

**Tuesday, January 6, 13, 20, 27**

**Tuesdays, February 3, 10, 17, 24**

**Tuesdays, March 3, 10, 17, 24, 31**

**Thornwood Shopping Center and more**

**Please call the Recreation Office at  
(914) 941-6560 at least 24 hours in advance  
to reserve your seat on the bus.**

**Office Hours for Reservations:  
Monday - Friday 9:00am - 4:00pm**

***Now Offering Additional Stops!***

***Main Stop: Thornwood Shopping Center***

*Shop Rite, CVS, Wells Fargo, A&S Fine Foods, UPS, and  
Bagelicious*

***2<sup>nd</sup> Stop (if requested): Walgreens***

*30 Kensico Road, Thornwood*

***3<sup>rd</sup> Stop (if requested): Rose Hill Shopping Center***

*Acme, Chase Bank, Apple Bank, Dunkin Donuts, Verizon Store,  
Artuso and Sons Bakery, CVS, Rose Hill Party and Gift Store*

**REMINDERS**

Call the Recreation Office at  
(914) 941-6560 between  
9am-4pm to reserve your seat  
or enroll online using Civic  
Rec.

**Call at least 24 hours in  
advance to reserve your seat  
on the bus.**

**Please note Office holiday  
closing dates when calling in  
your request.**

Please provide passengers full  
name, address, phone  
number and date/dates you need  
service.

Please let us know if your plans  
change.

Be ready when bus arrives.  
Allow for delays.

**CONTACT**

**Recreation Office:**

(914) 941-6560

Joni Ehrlich,

Senior Program Coordinator

Email: [seniors@briarcliffmanor.gov](mailto:seniors@briarcliffmanor.gov)

**or**

Kelly Vasta,

Recreation Assistant

Email: [seniors@briarcliffmanor.gov](mailto:seniors@briarcliffmanor.gov)

**BUS DRIVERS**

Jim Egloff and Henry Palmer



# Briarcliff Manor Village Bus Outings

Registration for these outings can be made online via Civic Rec  
or you can call us at 914 941 6560



*Outings require a minimum of 4 people to run and has a max. of 16.*

**Trips will leave from the Youth Center located at 5 Van Lu Van Road.**

*Pick up is available for Village Residents, please call to arrange this before the trip date.*

*All trips are subject to changes.*

***ALL Outings Require Pre-Registration and Are Open to Non-Residents***

## **January 2026 Small Bus trips:**

### **Thursday, January 8<sup>th</sup> - Jefferson Valley Mall**

Shop till you drop or just enjoy walking around and window shopping. The mall has anchor stores of Macy's and Dicks Sporting Goods plus a dollar Store and many other stores.

*Leave from Briarcliff at 9:30am- depart from the Mall at 2:00pm- Return back by approx. 2:30pm*

### **Thursday, January 15<sup>th</sup> – Bruce Museum, Greenwich, Ct (rescheduled from 6/26)**

Let's enjoy a winters day at The Bruce Museum. We will have a tour, wonder the museum and enjoy a light lunch at the museum café.

*Leave from Briarcliff at 9:30am -Return approx. 3:00     **Cost:** \$20 Residents / \$25 Non-Residents*

### **Thursday, January 22<sup>nd</sup> – Resorts Casino in Newburgh \*TENTATIVE\***

Enjoy a day at the Casino. With a group of at least 15 we will receive the Charter Package, which is \$20 slot play and a boxed lunch. *Guests are not permitted to bring in large bags, backpacks, coolers, or alcohol. All guests must have a valid, non-expired ID to receive the Charter Package. Identification may be a driver's license, state issued non-driver identification card, Passport, or Passport Card.*

*Leave from Briarcliff at 8:45am and plan to leave the Casino at 3:30pm     **\*TRIP IS NOT YET CONFIRMED\****

### **Thursday, January 29<sup>th</sup> – Danbury Mall**

Shop till you drop or just enjoy walking around and window shopping. The mall has anchor stores of JCPenney's, Macy's and Target plus many other stores.

*Leave from Briarcliff at 9:30am- depart from the Mall at 1:30 to Return back by approx. 2:30pm*

### **Thursday, February 5<sup>th</sup> – Hudson Valley Museum and Glenview House, Yonkers**

The Hudson River Museum, a preeminent cultural institution in Westchester County and the New York metropolitan area. Let's enjoy some time in this backyard treasure and a tour of the Glenview house.

*Leave from Briarcliff at 11:00pm -Return approx. 3:00     **Cost** is \$17 residents/ \$22 Non-residents*

### **Thursday, February 12<sup>th</sup> Candlelight Concert - St. Marks Episcopal Church, Mount Kisco**

Let's enjoy the Holiday season with a Candlelight concert! Our concert is a classical music event in a beautiful Church with many candles, and a curated selection of songs from Vivaldi and many others.

*Leave from Briarcliff at 4pm- Return approx. 7:30pm     **Cost:** \$60.00 for the ticket. Dinner is on your own. Limited to 11 seniors*

### **Thursday, February 19<sup>th</sup> Culinary Café at WCC**

Join us for a delicious meal prepared by culinary students, under the direction of experienced faculty. The class plans, cooks, and serves each luncheon event. It is a wonderful dining and educational experience for the guests and students alike. There is some ability to accommodate dietary restrictions with advance notice.

Cost is \$18.00 cash only on the day of the event. (this includes tip and taxes)

*Leave from Briarcliff at 11:15am – Return approx. 2:30pm*

### **Thursday, February 26<sup>th</sup> – Danbury Mall**

Shop till you drop or just enjoy walking around and window shopping. The mall has anchor stores of JCPenney's, Macy's and Target plus many other stores.

*Leave from Briarcliff at 9:30am- depart from the Mall at 1:30 to Return back by approx. 2:30pm*

**Thursday, January 15, 2026**  
**Bruce Museum, Connecticut**



The Bruce Museum is a community-based, world-class institution highlighting art, science and natural history in more than a dozen changing exhibitions annually. The permanent galleries feature the natural sciences that encompass regional to global perspectives. The Bruce Museum is accredited by the American Alliance of Museums.

This is the rescheduled date from 6/26

**Date:** Thursday, January 15, 2026

**Time:** Depart Briarcliff Youth Center at 9:30 am ~ return approximately 3:00 pm

**Cost:** \$20 Residents / \$25 Non-Residents  
Includes Transportation, Tour with Lunch to follow.

**Thursday, February 5, 2026**  
**Hudson River Museum & Planetarium**



The Hudson River Museum, a preeminent cultural institution in Westchester County and the New York metropolitan area. Situated on the banks of the Hudson River in Yonkers, New York, the HRM's mission is to engage, inspire, and connect diverse communities through the power of the arts, sciences, and history.

**DATE:** Thursday, February 5, 2026

**Time:** Depart Briarcliff Youth Center at 11:00 am ~ Return approximately 3:00 pm

**Cost:** \$17 Residents / \$22 Non-Residents

Includes Transportation, Admission to the Museum and a tour of the Glenview House. Meal not included, you can bring a snack/drink for the bus.

**Thursday, February 12, 2026**  
**Candlelight Concert:**  
**Vivaldi's Four Seasons & More**



Let's enjoy the Holiday season with a Candlelight concert! Our concert is a classical music events in a beautiful Saint Mark's Episcopal Church with many candles, and a curated selection of songs from Vivaldi and many others.

**Date:** Thursday, February 12<sup>th</sup>

**Time:** Depart at 4pm from the Youth Center, we will go to dinner at a local Mount Kisco restaurant and then to the Concert.

**Cost:** \$60.00 includes transportation and the concert ticket. Dinner is on your own.

*\*This is on Our Village Bus  
Tickets are limited to 11 seniors*

**Thursday, February 19, 2026**  
**Westchester Community College**  
**Culinary Arts Café**



Student chefs and managers, under the direction of experienced faculty, develop the unique themed dining experience. The class plans, cooks, and serves each luncheon event. It is a wonderful dining and educational experience for the guests and students alike. Culinary luncheons consist of a four course tasting menu and a beverage. Limited substitutions can be made to the menu, vegetarian option always available. Let me know if you need substitutions at time of registration.

**Date:** Thursday, February 19, 2026

**Time:** Depart at 11:00am from the Youth Center, we will return about 2:00pm

**Cost:** \$18 in cash on the day (*this includes tax and tip*)  
*Space is limited to 8 seniors*



Do you like Broadway shows?  
Do you like to Explore Neighborhoods?  
Do you like Art Tours?

I would like to explore starting a group that will go to the city a few times a year to enjoy and explore. These outings will mostly rely on public transportation, so you must be mobile.

Let's meet and discuss and make some plans!

Join me on Wednesday, March 25, 2026 at 1pm at the Youth center, Lower Level and bring your calendar



**Please share with me what programs you want to see added to the schedule.**

Do you want to go to the shows at White Plains performing Arts Center?

Do you want social gatherings?

Do you want speakers? Do you have ideas of topics?

Do the men want a "Mens" group?

Are there exercise classes you want?

Do you want things that are more active? More sedentary?

**It is Your Program,  
You Need To Share What You Want!!**

## Why Adult Coloring?



Because engaging in coloring can promote mindfulness, reduce anxiety, provide a creative and non-judgmental outlet. This meditative activity has been shown to have therapeutic benefits, encouraging a sense of calm and promoting mental well-being in adults. So, come and join us for the hour of calmness and nonjudgmental creativity. Materials are supplied, but feel free to bring your own.

**Date: Mondays: January 12<sup>th</sup> to March 23<sup>rd</sup> (No Class on 1/19, 2/16)**

**Time: 1:00 to 2:30pm**

**Place: Youth Center – Upper Level**

*Registration is required, you can register online, calling us at 914 941 6560, or by stopping by the Recreation Office located on the basement level of the Library, 3 Library Road*



## \*\*\*\*Stay in the Loop\*\*\*\*

**Check your emails for program information, if you are not receiving emails from Recreation Department Office <[noreply@civicplus.com](mailto:noreply@civicplus.com)> or from [jehrlich@briarcliffmanor.gov](mailto:jehrlich@briarcliffmanor.gov) please let us know.**

**Check out the Village of Briarcliff Manor Website: [www.briarcliffmanor.gov](http://www.briarcliffmanor.gov)**

**Recreation Department Webpage: <https://www.briarcliffmanor.gov/212/Recreation>**

**Village of Briarcliff Manor Senior Services Webpage:**

<https://www.briarcliffmanor.org/recreation-department/senior-citizen-services>

**Have a friend or neighbor who would like to receive senior notices..**

\*For Village of Briarcliff Manor Recreation email Joni Ehrlich at [jehrlich@briarcliffmanor.gov](mailto:jehrlich@briarcliffmanor.gov)

\*Westchester County Dept. of Senior Programs and Services Webpage:

<https://seniorcitizens.westchestergov.com>

\*To sign up for My Westchester, Westchester County's weekly newsletter:

<https://www.westchestergov.com/contact-us/subscribe>

## *Senior Transportation Information*

**The Village of Briarcliff Manor provides transportation for our Village Residents to the grocery store and to other stores. Call us at 914 941 6560 for additional information.**

### **RideConnect**

A not-for-profit program of Family Services of Westchester, dedicated to finding the fastest and most cost-effective transportation options to meet the needs of older adults 60 and older. Hours of operation: Monday - Friday from 9am to 5pm.

For more information: Call (914) 242-7433 or visit <http://rideconnectwestchester.org>

### **WestFair Rides is now - TRA Transportation Resource Access**

TRA (Transportation · Resources · Access) is a dynamic nonprofit organization which promotes the independence, safety, and mobility of older adults and adults with disabilities in Westchester County and the Hudson Valley. TRA provides volunteer rides to medical appointments for older adults (60+) and adults with vision impairments (21+). For more information, call (914) 764-3533 or visit <https://my-tra.org/>

### **Westchester County Department of Transportation**

Bee-Line Bus System Website: <https://transportation.westchestergov.com/bee-line>

ParaTransit Program Website: <https://transportation.westchestergov.com/bee-line-paratransit>