



VILLAGE OF BRIARCLIFF MANOR RECREATION DEPARTMENT  
3 Library Road, Briarcliff Manor, NY 10510  
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## The Science of Food and Digestion

### Winter 2026

In this hands-on course, a credentialed science teacher leads students in exploring how the body breaks down food and uses its nutrients for energy. Through simple experiments, students simulate functions of the digestive system and test foods for macronutrients.

#### ELIGIBLE

Children ages 7 - 12, who reside in the Village of Briarcliff Manor (VBMR). Briarcliff Manor School District (BMSD) & Non-residents (NONR) are welcome to join!

#### DATES

Tuesdays – January 6, 13, 20, 27

#### TIMES

3:15 – 4:15pm

#### LOCATION

Briarcliff Manor Youth Center – 5 Van Lu Van Road

#### FEE

\$100.00 - Village residents (VBMR) and Non-resident (BMSD/NONR)

#### DEADLINE

1 week prior to program start date!

#### REGISTRATION

Registration begins Wednesday, December 10<sup>th</sup> at 9am. Registration is done online\* from any device, in person (at the Recreation Office, 3 Library Rd) or by using the drop box outside the WJV Community Center, 3 Library Road. Registration is no longer accepted over the phone. Space for all programs is limited and will be handled on a first come first served basis. In person and online registration will occur simultaneously. The drop box will be processed with the days' mail. \*In order to register online you must have or create an account for your household through our Registration software, [CivicRec](#).